



According to legends, this salad was Queen Bona Sforza's favourite. Mizeria which means misery in Latin, it was believed that Bona Sforza had cried from homesickness for her native Italy while eating it.

Ingredients:

1 large cucumber
150 ml sour cream
1 tsp salt
2 tbs freshly chopped dill (for garnish)
Pepper to taste

Directions:

Peel and thinly slice the cucumber. Place it in a colander, sprinkle with salt and leave for 30 minutes for the juices to drain. Rinse and drain thoroughly. Arrange the cucumber in a salad dish. Meanwhile, make the dressing from sour cream and pepper. Pour over the cucumber and garnish with dill. Serves 4.